



JULY 29, 2023

REGISTRATION APPLICATION

LOCATION

Atwood Stadium
701 W University Ave.
Flint, MI, 48503

STARTING TIMES

5K Run	7:30 AM
5K Walk	7:31 AM
10K Run	8:30 AM
10K Walk	8:31 AM

COURSE

Starting and finishing at the historic Atwood Stadium, now part of the campus of Kettering University, both challenging courses take you past the beautiful grounds of Kettering and take in parts of the scenic Genesee Valley Trail and surrounding charm filled neighborhoods.

VOUCHER REGISTRATION

5K or 10K - 1 Voucher
Duo - 2 Vouchers (or 1 Voucher & \$10)
Voucher applications must be turned in to the **Crim Office** (452 Saginaw St, Flint, MI 48502) by **Thursday, July 27th**.

**No vouchers will be accepted after that time!*

**Shirt & Medal included with voucher registration*

PACKET PICKUP

Available Friday July 28 from 12 PM – 6:30 PM at Kettering University's Mobility Research Center. Packets will also be available at 6:30 AM on race day at the stadium.

ENTRY FEES

PRE REGISTRATION (THROUGH 7/27)

5K or 10K	\$30
Duo	\$40
Kids Dash	\$10

LATE REGISTRATION (7/28 - 7/29)

5K or 10K	\$35
5K and 10K	\$45
Kids Dash	\$10

INFORMATION

Visit [crimraces.org](https://www.crimraces.org)

Contact the Crim Office at **810-235-3397**
or Email Race@crim.org

Kettering
UNIVERSITY



PLEASE PRINT INFORMATION

PLEASE MAKE CHECKS PAYABLE TO:
Crim Fitness Foundation

MAIL COMPLETED FORM TO:
Crim Fitness Foundation | 452 Saginaw St. | Flint, MI 48502

NAME (First, Last, M.I.) _____ AGE _____ D.O.B. ____/____/____ ☐ Male ☐ Female

STREET ADDRESS _____

CITY/TOWN _____ STATE _____ ZIP CODE _____

PHONE NUMBER _____ EMAIL _____

EMERGENCY CONTACT NAME _____ EMERGENCY CONTACT PHONE _____

SHIRT SIZE ☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL EVENT ☐ 5K Run ☐ 5K Walk ☐ 10K Run ☐ 10K Walk ☐ Duo Run (5K & 10K) ☐ Duo Walk (5K & 10K)

PAYMENT METHOD ☐ Check ☐ Cash ☐ Credit Card CREDIT CARD NUMBER _____

SECURITY NUMBER _____ EXP. DATE _____ BILLING ZIP CODE _____

☐ In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against the race administrator(s), race organizers, the sponsors of the event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

SIGNATURE _____