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## FOR IMMEDIATE RELEASE

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## RUTH MOTT FOUNDATION AWARDS CRIM FITNESS FOUNDATION \$49,120 Crim Receives Grant to Support Safe & Active Communities Work in North Flint

**(FLINT, MI)** – The Crim Fitness Foundation is excited to announce that its Active Communities team has received \$49,120 from the Ruth Mott Foundation to support safe and active communities work in north Flint now through April 2019.

The grant will support Crime Prevention Through Environmental Design assessments at schools and neighborhood centers, programming and event technical assistance for neighborhood groups and community policing efforts through the Safe Routes to School program providing safety and support for students who walk and bike to Brownell Holmes STEM Academy.

Through its active communities work, the Crim Fitness Foundation seeks to increase north Flint residents' satisfaction with the quality of life in their neighborhoods by advocating for and supporting policy, systems and environment changes that provide equitable access to safe, healthy and vibrant communities. Crim staff assist communities with activating parks with fun family activities, crime prevention through environmental design assessments, safety interventions for students who walk and bike to school and built environment improvements such as sidewalk and crosswalk installation and repairs.

The Crim Fitness Foundation, a 501(c)3 nonprofit organization, cultivates accessible, vibrant communities in Flint and Genesee County that encourage people to lead healthy lifestyles by integrating physical activity, healthy eating, and mindfulness into their daily lives and mentors other communities to do the same. The Crim uses events, programs, and policy, systems, and environmental changes to transform the community. Year-round programs include races and events, training programs, mindfulness training for youth and adults, community gardens, nutrition education and advocacy. In addition, the Crim serves as the lead agency of Flint's Community Education Initiative. For more information, visit www.crim.org.