



SAGE meeting reminder

Greetings SAGE members!

With a new year, comes new opportunities, new challenges and a great deal of new energy! At our December meeting we spent time reflecting on our successes and challenges in the past and discussed what we would like to do differently (or the same) in 2016. [Download the December meeting notes](#). This year is going to be exciting, inspiring and challenging! At our upcoming meeting, we will approve the 2016 work plan and begin our action plan for success! Take some time to review the [Draft 2016 Work Plan](#) and think about the projects that you would like to work on this year.

Our next SAGE meeting is 1-3pm Friday, Jan. 15 at the North Bank Center in Room 235. The North Bank Center is located at 432 N. Saginaw Street in Flint. Thank you University of Michigan - Flint for hosting! If you can host a meeting in 2016, email Theresa at troach@crim.org or call 810-235-7894.

- Introductions
- Review December Meeting Notes
- Vision & Mission Statement Approval
- Work Plan Review & Approval
 - Advocacy Training
 - Legislative Town Hall Meeting
- SAGE Committees
 - Policy Committee
 - Events Committee
- Flint Master Plan
- Recognition Letters
- SAGE Communications
- Successes/Announcements

[**Click Here To RSVP**](#)

Announcements

UM-Flint is hosting a Fit Fair from 10am to 7pm Thursday, Jan. 14 at the UM-Flint Recreation Center. The Fit Fair will include free fitness classes and health assessments.

Teen Wellness Center (Mott Children's Health Center) is a safe place for children and adolescents ages 10 - 21 to be active and work to improve their health. And it's free! Youth must meet certain requirements to participate. [Download the flyer](#) for more details.

Sprout Art Contest - SPROUT is hosting an art contest for youth to find out what a healthy community looks like to the youth in our city! The contest is open to youth from kindergarten to 12th grade. Prizes will be awarded! For more details, [download the flyer](#).

Genesee County Parks & Recreation has published a Fall/Winter/Spring Family Fun Guide. [Download the Family Fun Guide here](#).

Enhance Fitness hosted by National Kidney Foundation of Michigan offers free exercise classes in the city of Flint! Class details below. For more information, call 810-232-0522.

SAGE COALITION

[Beecher Community Development Council](#)

[City of Burton](#)

[City of Flint, Parks & Recreation Department, Kearsley Park Project](#)

[City of Flint, Parks & Recreation Department](#)

[City of Flint, Transportation Department](#)

[Crim Fitness Foundation](#)

[The Disability Network](#)

[Flint River Corridor Alliance](#)

[Flint River Watershed Coalition](#)

[Friends of the Flint River Trail](#)

[Genesee County Health Department](#)

[Genesee County Metropolitan Planning Commission](#)

[Genesee County Parks & Recreation Commission](#)

[Genesee County Road Commission](#)

[Genesee Regional Trail Council](#)

[Goodwill Industries of Mid Michigan, Inc.](#)

[Greater Flint Health Coalition](#)

[Greater Flint Olympian & CANUSA Association](#)

[Fleis & VandenBrink Engineering](#)

[IMA Recreation Association](#)

[Michigan Fitness Foundation](#)

[MSU Extension](#)

[National Kidney Foundation Michigan](#)

[Rowe Professional Services](#)

[University of Michigan, Flint Outreach](#)

[University of Michigan-Flint, Recreation Center](#)

[Valley Area Agency on Aging](#)

[YWCA](#)

- 9am - 10am Mondays, Wednesdays and Fridays at Hasselbring Senior Center, 1002 W. Home St.
- 6pm - 7pm Mondays at North Star Missionary Baptist Church 1657 Broadway Blvd.
- 10am - 11am Tuesdays at Flint Farmers' Market, 300 E. First St.
- 1pm - 2pm Tuesdays at Faith United Methodist Church, 2266 W. Coldwater Rd.
- 2:30pm - 3:30pm Tuesdays at Carriage Town Ministries, 605 Garland Ave.
- 5:30pm - 6:30pm Thursdays at North Star Missionary Baptist Church 1657 Broadway Blvd.
- 10am - 11am Thursdays at Flint Farmers' Market, 300 E. First St.

Stay Active!



SAGE is on Facebook and Twitter! [Like our Facebook Fan Page](#) or follow [@SAGE_Coalition](#) on Twitter.

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